

SARAHPSHE CIC has been recognised for its innovative RSE programme

SARAHPSHE CIC has been recognised by leading sexual health charities Brook and FPA for delivering innovative sex and relationships education to young people.

Following the announcement that Relationships and Sex Education (RSE) is to become mandatory in all schools in England, the charities joined forces to source the best examples of schools-based RSE throughout the UK and present them to policymakers and practitioners to help shape the new curriculum.

The best examples were selected by a panel of young people and will be featured in a report, to showcase high-quality RSE to Government.

FPA Chief Executive Natika Halil said: "This change in law means that the Government will be looking to develop new RSE guidance, and we're keen to make sure that the decision-makers are aware of the very best examples such as this.

We hope that the programme being delivered by [name of school / organisation] will be replicated across the country, so that all young people can benefit from the high quality, age-appropriate relationships and sex education they deserve"

Brook Chief Executive Helen Marshall said: "So often we hear stories about RSE in schools being inconsistent and poor quality. By launching this campaign we are delighted to give teachers and professionals the opportunity to promote and share their positive examples of RSE with policymakers and help shape the future for young people".

Notes to editors

Brook believes that young people should have access to great sexual health services and wellbeing support.

Brook provides free and confidential sexual health information, contraception, pregnancy testing, advice and counselling, testing and treatment for sexually transmitted infections and education programmes, reaching nearly 235,000 young people nationwide every year.

brook.org.uk

FPA The sexual health charity FPA gives straightforward information and support on sexual health, sex and relationships to everyone in the UK. FPA educates, informs and supports people through our specialist sexual health programmes and counselling service, our websites and publications, our training for professionals and our public awareness campaigns.

Every year, we run the [Pamela Sheridan award](#), which recognises innovation and good practice in SRE within a wide range of settings, for example primary, secondary, and schools for students with specific educational needs, and youth and community projects. The award was established in memory of Pamela Sheridan (1911–1994), an early sex education pioneer who had a lifelong involvement in family planning.

fpa.org.uk