



# National Hub for Supervision in Education



## Professional Learning Programmes

Delivered in partnership with Talking Heads



[leedsbeckett.ac.uk/nhse](https://leedsbeckett.ac.uk/nhse)

## **Developing a supervision culture – One day workshop**

This workshop will enable senior leaders to develop and implement a supervision culture throughout their school/organisation. Using research and evidence-based approaches the course will include strategies for culture development as well as how to create an action plan for implementation within a school/education provider.

This programme will support learners to:

- De-mystify what supervision is and isn't.
- Understand how supervision works during a session and in between sessions.
- Understand who will benefit from receiving supervision.
- What impact can supervision have on the whole school as well as the individual.
- Understanding ethical practice and supervision.
- Developing an action plan to implement a supervision strategy at your school/organisation.

This facilitator led workshop will include group discussion, question and answer sessions and practical advice on how to develop a supervision culture.

## **Developing a regular peer supervision group – One day workshop**

This workshop will support teachers and senior leaders with developing a peer supervision group within their school/organisation. Using research and evidence-based approaches, the course will include strategies on how to create and grow a peer supervision group as well as how to develop an action plan for implementation within a school/education provider.

This programme will support learners to:

- Understand what peer supervision is.
- Understand the benefits of peer supervision.
- Understand who peer supervision is for.
- Understand the boundaries of peer supervision.
- Think about the structure for group peer supervision.
- Develop a plan for peer supervision in your school/organisation.

This facilitator led workshop will include group discussion, question and answer sessions and practical advice on how to set-up a peer supervision group.

## **Facilitating group supervision – One day workshop**

This workshop will support senior leaders to deepen their understanding of group supervision within their school/organisation. Using research and evidence-based approaches the course will include strategies for developing group supervision which can be applied to a school/education provider.

This programme will support learners to:

- Develop an understanding of the different types of group supervision.
- Develop an understanding of who group supervision is for.
- Develop an understanding of the benefits of group supervision.
- Develop skills to facilitate group supervision.
- Develop an understanding of 'contracting'.
- Develop an action plan for your school/organisation.

## **Development for a supervision lead – Two-day workshop**

This workshop is for senior leaders who wish to lead a supervision programme within their organisation. The course will enable senior leaders to develop their own supervision ability and will also look at how supervision can be used to support the staff community.

Senior leaders attending this course must have already attended the 'Developing a supervision culture' workshop and must be accessing external supervision support.

This programme will support learners to:

- Develop an understanding of different models of supervision, including Schoet, Hawkins 7 Eyed model, Page and Wosket's Cyclical Model as well as exploring taking an interactive approach.
- Develop an understanding of how to structure supervision sessions and the importance of areas such as contracting and boundaries, including ethical dilemmas.
- Develop an understanding of working with a parallel process - beginning to think about transference and transference in supervision.
- Develop an understanding of how to be a supervisee.

This programme will be skills based and include practical activities as well as offer advice on recommended reading and learning resources.

## **Trauma informed supervision – One day workshop**

This one-day workshop will enable senior leaders to develop their understanding of Trauma Informed Supervision. Using research and evidence-based approaches the course will include strategies for implementation which can be applied within a school/education provider.

This programme will support learners to:

- Develop an understanding of the connection between child and teacher.
- Explore Dr Franz Ruppert's theories on trauma.
- Developing an understanding of what is meant by triggers.
- Develop an understanding of transference and counter-transference and how this manifests in the supervisory relationship, looking at why it is vital to recognise these processes as a useful tool when working with traumatised children.
- Develop an understanding of how trauma manifests in the school system.
- Develop an understanding of why trauma informed supervision is vital when working with children.
- Prevention of vicarious trauma and secondary traumatisation.
- Develop an understanding of the boundaries of supervision and the need for signposting.

This workshop will deal with emotionally difficult topics and attendees will be supported throughout the day as part of the course structure.

### **Start dates, locations and fees**

Start dates and location: Cohorts will take place across the UK

Fees: Course fees are dependent on the delivery model.

**For more information on course schedules and a fee quote please contact [edusupervision@leedsbeckett.ac.uk](mailto:edusupervision@leedsbeckett.ac.uk)**